

5 Feldenkrais – Multimedia (Audio / Video)

5.1 Moshé Feldenkrais: Audio & Video

Moshé Feldenkrais on Audio and Video tape

Audio

Feldenkrais, Moshé

[ATM Recorded Live in Big Sur /Esalen Workshop 1972](#)

These are the first recordings made in English by Moshé Feldenkrais. They feature a 90-minute lecture on ATM and ten 45-minute lessons.

6 Audiocassettes set
Dolphin Tapes, Esalen, Big Sur, CA (no date, c. late 70s)
(out of print)

Feldenkrais, Moshé

[Audiocassette Interview](#)

Pacifica Radio Archive, Los Angeles, CA 1978
(out of print)

Feldenkrais, Moshé

[Man and the world, recorded at Explorers of Humankind Conference, Los Angeles 1978](#)

1 Audiocassette, 90 min.
Butterfly Media Dimension, Northridge, CA 1978 (out of print)
Reissue: Somatics Educational Resources, Novato, CA (no year)

Feldenkrais, Moshé

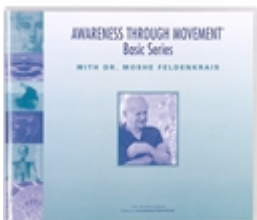
[Life and Human Nature, Moshé Feldenkrais with Will Schutz](#)

Tape No. 1170. New Dimensions Foundation, San Francisco, CA (late 70s)
(out of print)

Feldenkrais, Moshé

[Awarenees Through Movement Basic Series](#)

This audio program, recorded in 1976, features 10 lessons with many of the exercises included in Dr. Feldenkrais' acclaimed book Awareness Through Movement. Originally published on Audiocassettes in 1980, it is now available on CD



Audio CD set, 10 lessons
Feldenkrais Resources, Berkeley, CA 1980

Feldenkrais, Moshé

[San Francisco Training Transcript, Year One 1975, Week 1 & 2, Week 3 & 4](#)

Data DVD plus transcripts (spiralbound) available also as single volumes
IFF, Paris

Feldenkrais, Moshé

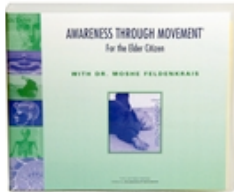
[On Awareness. Recorded at New York University of the Arts November 1971](#)

Audio CD 63 Minutes
IFF, Paris

Feldenkrais, Moshé

[ATM Lessons for the Elder Citizen](#)

Originally published on Audiocassette by the Westinghouse Corporation, these lessons are interesting especially for people whose movement has been limited by age or other difficulties. 10 lessons, recorded in 1976.



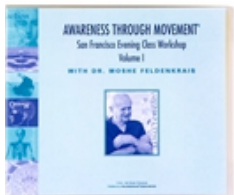
Feldenkrais Resources, Berkeley, CA 2007
Audio CD set

Feldenkrais, Moshé

[The San Francisco Evening Class](#)

When Moshé Feldenkrais visited San Francisco to conduct his first United States training program he held a popular Awareness Through Movement class for the general public. Recorded in 1976 these Evening Class workshops were originally published on Audiocassettes in 1980 and now are available on CD.

A
[Vol. I](#)



Feldenkrais Resources, Berkeley, CA 1980
10 Audio CD set

B
[Vol. II](#)

Feldenkrais Resources, Berkeley, CA 1980
10 Audio CD set

C
[Vol. III](#)

Feldenkrais Resources, Berkeley, CA 1980
10 Audio CD set

Feldenkrais, Moshé

[1973 Berkeley Workshop](#)

Following Moshe's success in Esalen the year before he was invited again for a 4-week workshop in Berkeley in 1973. It attracted much attention and directly led to the 1975 San Francisco training. The workshop consists of 42 ATMs and 6 lectures.

Feldenkrais Resources, Berkeley, CA (no year, early 80s)
(out of print)

Feldenkrais, Moshé

[Vancouver 1973](#)

Audio CD set, ca 45 Hours
IFF Archive Volume 2, Paris

Feldenkrais, Moshé & El Teatre Campesino & Peter Brooks

[Question & Answer, San Juan Bautista, CA 1973](#)

Audio CD
IFF Archive Volume 1, Paris

Feldenkrais, Moshé & Karl Pribram

[The Feldenkrais Pribram Discussions](#)

Recorded in San Francisco 1975 during Moshé's first US training. Review in German by Carl Ginsburg published in Feldenkrais Forum N° 59, 2007.

Audio CD
IFF Archive Volume 2, Paris

Feldenkrais, Moshé

[Rotterdam 1976](#)

Audio CD
IFF Archive Volume 1, Paris

Feldenkrais, Moshé

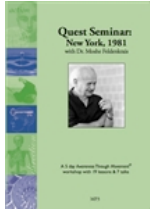
[Toronto Tapes 1980](#)

Audiocassettes set
No other details available
(no year, early 80s, out of print)

Feldenkrais, Moshé

[New York Quest Workshop 1981](#)

In 1981 Moshé Feldenkrais taught a series of four public workshops in New York, sponsored by the Quest organization. The recording features seven lectures and 19 Awareness Through Movement lessons. Originally published on 16 Audiocassettes, now available on CD.



Audio CD set

Feldenkrais Resources, Berkeley, CA (no year)

Feldenkrais, Moshé

[Workshop Tape Dallas, Recorded Live, Spring 1981](#)

14 Audiocassettes set

Feldenkrais Resources, Berkeley, CA (no year)
(out of print)

Feldenkrais, Moshé

[Workshop Tape Washington D.C., Recorded Live, Spring 1981](#)

11 Audiocassettes set

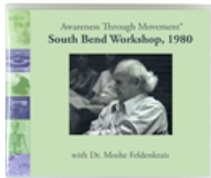
Feldenkrais Resources, Berkeley, CA (no year) (out of print)

Video /DVD

Feldenkrais, Moshé

[The South Bend Workshop 1980](#)

This film covers a public two and a half day weekend workshop by Moshé Feldenkrais, conducted in South Bend, Indiana in 1980.

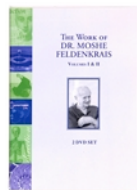


DVD

Feldenkrais, Moshé

[The Work of Dr. Moshé Feldenkrais Vol. I & II](#)

This film was recorded in a Canadian television studio in 1980. This 2 DVD set contains eight 30-minute segments. Each DVD includes lectures pertaining to the theory of the Feldenkrais Method. The first DVD explores the theory of Functional Integration (FI). The second DVD continues to explore the theory of Functional Integration and concludes with an experiential Awareness Through Movement (ATM) lesson. Originally published on Video (NTSC), now digitalized on DVD.



2 DVD set, 240 minutes
Feldenkrais Resources, Berkeley, CA

Feldenkrais, Moshé

[Erin Learns To Walk Better, Five Lessons](#)

In this footage Moshé Feldenkrais constructs five lessons for Erin, a child with cerebral palsy. Each recorded lesson is available with the option to observe and listen to Moshé or with a voice-over commentary by Jerry Karzen, an assistant of Dr. Feldenkrais, who did most of the filming of Moshé's work.



DVD

Feldenkrais, Moshé

[Feldenkrais Professional Training Program, Amherst, MA 1980-1983. Volume 1:1980](#)

26 DVD set, originally published on Video tape
IFF, Paris

[Feldenkrais Professional Training Program, Amherst, MA 1980-1983. Volume 2: 1981](#)

24 DVD set, originally published on Video tape
IFF, Paris

Feldenkrais, Moshé

[Functional Integration Series, Amherst 1980-81. Vol. 1: Ken, Commentaries Jerry Karzen](#)

2 DVD set
IFF, Paris

[Functional Integration Series, Amherst 1980-81 Vol. 2: Margaret, Merrill and Will. Commentaries Deborah Bowes and Will Wells](#)

2 DVD set
IFF, Paris

Feldenkrais, Moshé

Transcripts of Moshé's training in Amherst, MA

A

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1980 Week 1](#)

B

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1980 Week 2](#)

C

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1980 Week 3](#)

D

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1980 Week 4](#)

E

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1980 Week 5](#)

F

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1981 Week 1 & 2](#)

G

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1981 Week 3 & 4](#)

H

[Feldenkrais Professional Training Program, Transcript Amherst, MA 1981 Week 5 & 6](#)

All volumes Spiralbound transcript
IFF, Paris