

The Feldenkrais Library

An annotated Resource Directory on printed, taped and filmed Materials

Revised Edition

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0. Preface

0.1 Introduction - revised Edition

This new, revised edition of the Feldenkrais Library includes an additional thousand titles compared to its forerunner. With about 2500 titles in stock (articles enclosed) this resource directory is currently the most comprehensive book of reference. It is available as a free, bi-lingual PDF Download on our website www.feldenkraiszentrum. If you like you can establish a link on your own website to this free reference guide.

When the first edition went online last autumn the idea of an enlarged version was already in the air. This concerns basically the magazine chapter where a lot of authors' names and titles were supplemented. The new edition includes all issues of the German *Feldenkrais Forum* from 1985 onwards with this detailed information. To facilitate orientation each issue lists the authors' names in alphabetical order. By listings all these articles the reader can get information on specific aspects which are seldomly described anywhere else. Here you find articles on topics such as Feldenkrais and Tennis or Tango, which are yet not published in book- or multimedia-format (DVDs or CDs). Due to the increasing number of magazine articles the chapter (6.) was divided in a german and foreign language section.

The revised edition also features numerous scientific papers on the Feldenkrais method. Also new is a chapter on Feldenkrais and seniors (3.3), and we expect a couple of new publications on this topic in the near future. Recent translations of Moshés' work in Greek, Polish and Russian document an ongoing global interest in the method.

This resource directory is still a work in progress. By publishing this book we hope to supply anybody - layman, student, practitioner or trainer - interested in the Feldenkrais method with some useful information. Please feel free to send leads for missing titles or upcoming publications. Supplements and suggestions are always welcome and will make further updates more comprehensive.

Authors or publishers of Feldenkrais related material please send free samples for the reference library at Feldenkraiszentrum Chava Shelhav, which is open to the public. As you can see on our website we regularly publish bi-lingual news & reviews.

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Enjoy the reading!

Cologne, November 20, 2013

0.2 Introduction - 1st edition, September 2012

The idea for this book came up quite accidentally. In June 2012 Inga Paas, Feldenkrais practitioner and photographer from Cologne and myself started thinking about doing a relaunch of the Feldenkraiszentrum's website. Browsing through other sites to get some ideas it became obvious that in most cases there were only few notes on books and audio/videotapes, but there was no actual overview on Feldenkrais related materials available.

In a first attempt to cover the spreading Feldenkrais materials Mark Reese, famed Feldenkrais trainer from California, who untimely died in 2006, published an article in the magazine "Somatics" Vol. 4, No 4, (1984) with a bibliography on the subject. He continued the work on this topic and the latest updates from about 1995 can be found on the website of the Southern California Movement Institute, which Mark Reese co-founded with Donna Ray in 1982.

In the past decades Feldenkrais has indeed become a global phenomenon. Trainer and practitioners do their work worldwide. Quite a few of their publications are translated and distributed in various languages and countries. This Feldenkrais library relates to this international dissemination by not only cataloguing Feldenkrais material in German but in foreign languages as well. This book also covers editions in English, Hebrew, French, Italian, Spanish and Portuguese. With nearly 800 titles in stock this resource directory is currently the most comprehensive book of reference. By publishing this book we hope to supply anybody - layman, student, practitioner or trainer - interested in the Feldenkrais method with some useful information for their work or education.

The Feldenkrais Library not only embodies the names of authors, titles and the date of publication but also gives information on the publisher, the printing history and bookbinding, ISBN and availability of the material. To ease the reading we incorporated photos of about 60% of the book covers. Annotations offer furthermore information on the author and/ or the content of the book. Feldenkrais material related to Germany is annotated in German whereas foreign titles are annotated in English.

Six chapters with a total of nineteen subchapters facilitate the task of searching for special Feldenkrais topics. Besides audio- & videotapes (chapter 5) and magazines (chapter 6) the main focus is on books related to the Feldenkrais method.

Chapter 1 features all books published by Moshé Feldenkrais – structured by chronology and language. You find books on his method as well as his publications on martial arts in chronological order. It lists English & Hebrew, German as well as Dutch, French, Italian, Spanish and Portuguese editions. Chapter 2 presents books on the Feldenkrais method in general in various languages. Following is a list of books in various languages focusing on specific topics of the Feldenkrais method, e.g. Feldenkrais and sports, Feldenkrais and music. Chapter 4 affords a selection of books citing the Feldenkrais within the context of other body/mind methods.

During the past two decades Multimedia related material has been the most expansive segment of all Feldenkrais publications – more than a third of the titles presented here are on cassette, CD, video or DVD. Chapter 5 not only cites Moshé Feldenkrais on audio or video and multimedia products in German language but also publications from the US, which are on the rise for years.

The final chapter covers Feldenkrais related magazines and newsletter. American magazines like "Somatics" (1976 ff.) and "Feldenkrais Journal" (1984 ff.) or the german "Feldenkrais Zeit" (2000ff) are filed with all issues and name articles and authors as well.

This resource directory is a work in progress. Please feel free to send leads for missing titles or upcoming publications. Supplements and suggestions are always welcome and will make further updates more comprehensive. If you are looking for specific titles which are currently out of print, you can send me a note too (contact: Uwe Husslein, e-mail: dengo4u@gmx.de).

Authors or publishers of Feldenkrais related material can send free samples for the reference library at Feldenkraiszentrum Chava Shelhav, which is open to the public. (contact/ address: Inga Paas, Subbelratherstr. 301, 50825 Köln / Germany, info@ingapaas.de)

Cologne, Sept. 15, 2012

Abbreviations

| | | |
|----------|---|--|
| Abb. | - | Abbildungen (photos, images, illustr.) |
| Aufl. | - | Auflage (impression) |
| Bd. | - | Band (volume) |
| Bibl. | - | Bibliothek (bibliotheca) |
| b-w | - | black & white (schwarz-weiss) |
| ca. | - | circa |
| Dt. | - | Deutsch/deutsche (german) |
| EA | - | Erstausgabe (first edition) |
| Einbd. | - | Einband (book binding) |
| farb. | - | farbig (color) |
| Geb. | - | Gebunden / fester Einband (Hardcover) |
| Geh. | - | Geheftet, Magazineinband (stapled) |
| illustr. | - | illustriert (illustrated) |
| Kart. | - | Kartoniert / Broschur (Softcover) |
| No. | - | Number (Nummer) |
| Nr. | - | Nummer (number) |
| o.J. | - | ohne Jahresangabe (no date) |
| S. | - | Seiten (pages) |
| Tb | - | Taschenbuch (pocketbook) |
| vergr. | - | vergriffen (out of print) |
| Vol. | - | Volume (Band) |
| zahlr. | - | zahlreich (numerous) |

About the author

Uwe Husslein (1959) works and lives in Cologne. He co-founded the music fair Popkomm in Cologne 1989 and was head of the cultural department of Musikkomm Ltd. Being a curator, author, and loaner he contributes to numerous pop-related exhibitions in Germany and abroad, e.g. Pop Goes Art. Andy Warhol & Velvet Underground (Hamburger Kunsthalle 1989), Pop am Rhein (Cologne-Düsseldorf 2007/08), Summer of Love (Liverpool Tate Gallery, Frankfurt Schirn, Wien Kunsthalle, Whitney Museum New York 2005-07), A star is born. Rockphotography since Elvis (Essen, Folkwang Museum 2010). He published numerous books on pop culture as well a bibliography on rock and popbooks („You can´t judge a book by looking at it´s cover“).